

119TH CONGRESS  
1ST SESSION

# H. RES. 712

Expressing support for the designation of September 14, 2025, as “National Food is Medicine Day”.

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## IN THE HOUSE OF REPRESENTATIVES

SEPTEMBER 15, 2025

Mr. EVANS of Pennsylvania (for himself, Mr. BUCHANAN, and Mr. MCGOVERN) submitted the following resolution; which was referred to the Committee on Energy and Commerce, and in addition to the Committee on Agriculture, for a period to be subsequently determined by the Speaker, in each case for consideration of such provisions as fall within the jurisdiction of the committee concerned

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## RESOLUTION

Expressing support for the designation of September 14, 2025, as “National Food is Medicine Day”.

Whereas nutritious food is essential to the health of Americans;

Whereas using food as medicine has been proven by peer-reviewed science to be an effective and promising medical intervention for individuals to prevent, manage, and treat certain conditions alongside existing clinical practices;

Whereas food is medicine interventions may include medically tailored meals, groceries, and produce to support disease management, in combination with nutrition and culinary

education, as part of a patient’s healthcare treatment plan;

Whereas using food as medicine can be a cost-effective tool and sometimes cost-saving tool in reducing disease burden on individuals and the healthcare system;

Whereas some of the most costly conditions in America are impacted directly by diet, particularly chronic diseases;

Whereas more than 90 percent of the \$4,500,000,000,000 that the United States spends annually on healthcare costs are from chronic conditions, including type 2 diabetes costing \$144,000,000,000 annually and ischemic heart disease costing \$81,000,000,000 annually;

Whereas the combined healthcare spending and lost productivity from suboptimal diets and food insecurity exceed \$1,100,000,000,000 each year;

Whereas existing barriers to attaining and sustaining a nutritious diet exacerbate health disparities for patients with chronic diseases;

Whereas food is medicine interventions are best leveraged when integrated with consistent access to access to a secure, nutritious diet; and

Whereas established efforts by Congress, Presidential administrations, and State governments with patient and community partnerships have laid a foundation of support for policies on food is medicine: Now, therefore, be it

1       *Resolved*, That the House of Representatives—

2               (1) expresses support for the designation of

3       “National Food is Medicine Day”;

1           (2) highlights the role of healthy food in the  
2 well-being of all Americans;

3           (3) recognizes food as a health care tool to pre-  
4 vent, manage, and treat certain clinical conditions;

5           (4) recognizes the utility of the food is medicine  
6 intervention as a complement to population-level  
7 food and nutrition supports for sustained positive  
8 health outcomes;

9           (5) urges the Department on Health and  
10 Human Services to sustain scientific research on the  
11 use of food as medicine to integrate food as medicine  
12 interventions into healthcare delivery through ex-  
13 panding and building upon the evidence base, dem-  
14 onstrating cost-effectiveness, clinical impact, and  
15 operational feasibility across diverse populations;

16           (6) urges the Department on Health and  
17 Human Services to collaborate with the United  
18 States Department of Agriculture to best leverage  
19 the role of food as medicine; and

20           (7) urges the Department on Health and  
21 Human Services to scale the appropriate use of food  
22 is medicine in collaboration with patients and non-  
23 profit and private industry healthcare practitioners,  
24 providers, and payors.

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