

119TH CONGRESS
2D SESSION

H. R. 8743

To direct the Surgeon General of the Public Health Service to develop recommendations for screen time limits for children to promote healthy development and well-being, and for other purposes.

IN THE HOUSE OF REPRESENTATIVES

MAY 12, 2026

Mr. DELUZIO (for himself and Mrs. HOUCHIN) introduced the following bill;
which was referred to the Committee on Energy and Commerce

A BILL

To direct the Surgeon General of the Public Health Service to develop recommendations for screen time limits for children to promote healthy development and well-being, and for other purposes.

1 *Be it enacted by the Senate and House of Representa-*
2 *tives of the United States of America in Congress assembled,*

3 **SECTION 1. SHORT TITLE.**

4 This Act may be cited as the “Screen-time Manage-
5 ment And Recommendations for Teens and Kids Act” or
6 the “SMART Kids Act”.

1 **SEC. 2. SCREEN TIME LIMIT RECOMMENDATIONS FOR**
2 **CHILDREN.**

3 (a) IN GENERAL.—The Surgeon General of the Pub-
4 lic Health Service shall develop recommendations for
5 screen time limits for children to promote healthy develop-
6 ment and well-being. Such recommendations shall be evi-
7 dence-informed.

8 (b) AGE-BASED RECOMMENDATIONS.—In carrying
9 out subsection (a), the Surgeon General shall develop sep-
10 arate recommendations for—

- 11 (1) ages 0 to 2 years;
- 12 (2) ages 2 to 5 years;
- 13 (3) ages 5 to 8 years;
- 14 (4) ages 8 to 13 years;
- 15 (5) ages 13 to 16 years; and
- 16 (6) ages 16 to 18 years.

17 (c) QUALITATIVE RECOMMENDATIONS.—In carrying
18 out subsection (a), the Surgeon General may, in addition
19 to the separate recommendations by age group required
20 under subsection (b), develop recommendations based on
21 qualitative factors, including whether certain types of
22 screen time may be less harmful to children than others.

23 (d) COORDINATION WITH INDEPENDENT ENTITY.—
24 The Surgeon General shall develop the recommendations
25 under subsection (a) in coordination with an independent
26 entity to be selected by the Surgeon General. In making

1 such selection, the Surgeon General shall ensure that the
2 entity does not have a financial or other conflict of interest
3 that might introduce bias into the process of developing
4 the recommendations.

5 (e) PUBLICATION; REPORT TO CONGRESS.—Not later
6 than one year after the date of enactment of this Act, the
7 Surgeon General shall—

8 (1) publish the recommendations developed
9 under subsection (a) on the internet website of the
10 Department of Health and Human Services; and

11 (2) submit to Congress a report containing such
12 recommendations.

13 (f) SCREEN TIME LIMIT DEFINED.—In this section,
14 the term “screen time limit” means the maximum amount
15 of time per day spent using an electronic device with a
16 display screen.

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