

119<sup>TH</sup> CONGRESS  
2<sup>D</sup> SESSION

# H. R. 8578

To amend the National Nutrition Monitoring and Related Research Act of 1990 to codify the Dietary Guidelines for Americans, 2025–2030, issued jointly by the Secretary of Agriculture and the Secretary of Health and Human Services, and for other purposes.

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## IN THE HOUSE OF REPRESENTATIVES

APRIL 29, 2026

Ms. LETLOW introduced the following bill; which was referred to the  
Committee on Agriculture

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## A BILL

To amend the National Nutrition Monitoring and Related Research Act of 1990 to codify the Dietary Guidelines for Americans, 2025–2030, issued jointly by the Secretary of Agriculture and the Secretary of Health and Human Services, and for other purposes.

1 *Be it enacted by the Senate and House of Representa-*  
2 *tives of the United States of America in Congress assembled,*

3 **SECTION 1. SHORT TITLE.**

4 This Act may be cited as the “Food Reform for Ef-  
5 fective and Sustainable Health (FRESH) Act of 2026”.

1 **SEC. 2. AMENDMENT.**

2 Section 301(a)(1) of the National Nutrition Moni-  
3 toring and Related Research Act of 1990 (7 U.S.C.  
4 5341(a)(1)) is amended—

5 (1) in the 1st sentence by striking “publish a”  
6 and inserting “submit to the Congress a proposed”,

7 (2) in the 2d sentence by striking “, and shall”  
8 and inserting “and, only if approved by Congress by  
9 law, shall”, and

10 (3) by adding at the end the following:

11 “The Dietary Guidelines for Americans, 2025–2030, 10th  
12 edition, issued jointly by the Secretary of Agriculture and  
13 the Secretary of Health and Human Services on January  
14 7, 2026, pursuant to this section shall not be modified  
15 or superseded except in accordance with this subsection.”.

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