

119TH CONGRESS
1ST SESSION

H. R. 6649

To require the Secretary of Veterans Affairs to conduct a pilot program on providing access to a senior exercise program for enrolled veterans, and for other purposes.

IN THE HOUSE OF REPRESENTATIVES

DECEMBER 11, 2025

Mrs. KIGGANS of Virginia (for herself, Mr. NEGUSE, Mr. PANETTA, and Mr. BACON) introduced the following bill; which was referred to the Committee on Veterans' Affairs

A BILL

To require the Secretary of Veterans Affairs to conduct a pilot program on providing access to a senior exercise program for enrolled veterans, and for other purposes.

1 *Be it enacted by the Senate and House of Representa-*
2 *tives of the United States of America in Congress assembled,*

3 **SECTION 1. SHORT TITLE.**

4 This Act may be cited as the “Fit Vets Act”.

5 **SEC. 2. PILOT PROGRAM ON ACCESS TO SENIOR EXERCISE**
6 **PROGRAM FOR ENROLLED VETERANS.**

7 (a) ESTABLISHMENT.—The Secretary of Veterans
8 Affairs shall carry out a pilot program to provide to eligi-
9 ble veterans described in subsection (b) access to the

1 health and fitness program referred to as
2 “SilverSneakers”, or another evidence-based senior exer-
3 cise program the Secretary determines comparable to such
4 program, as part of the health care furnished under the
5 laws administered by the Secretary.

6 (b) ELIGIBLE VETERANS.—An eligible veteran de-
7 scribed in this subsection is a veteran—

8 (1) enrolled in the patient enrollment system
9 under section 1705 of title 38, United States Code;
10 and

11 (2) who satisfies the criteria for participation in
12 the pilot program under subsection (a), as estab-
13 lished by the Secretary in regulations.

14 (c) SCOPE.—The Secretary may carry out the pilot
15 program under subsection (a) on a national or regional
16 basis, as the Secretary determines appropriate.

17 (d) TERMINATION.—The authority to carry out the
18 pilot program under subsection (a) shall terminate on the
19 date that is three years after the date of the establishment
20 of the pilot program.

21 (e) REPORT.—Not later than 180 days after the date
22 on which the pilot program terminates under subsection
23 (c), the Secretary shall submit to the Committees on Vet-
24 erans’ Affairs of the House of Representatives and the
25 Senate a report containing the following:

1 (1) The rates of participation in such pilot pro-
2 gram by covered veterans.

3 (2) The costs of such pilot program.

4 (3) An analysis of the effect of such pilot pro-
5 gram on the health outcomes of participants, includ-
6 ing with respect to physical fitness and chronic dis-
7 ease management.

8 (4) Recommendations by the Secretary on
9 whether to make such pilot program permanent.

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